

Rose Tree Woods Swim Club- Over 50 Years of FUN!

2009 Newsletter & Calendar

P.O. Box 78, Broomall, PA 19008

(610) 356-4183

www.RoseTreeWoods.org

Opening Day Saturday, May 25th

Preseason: Saturday, May 25 – Friday, June 17

Monday – Thursday	3 PM – 6 PM
Friday	3 PM – 8 PM
Saturday & Sunday	11 AM – 8:30 PM

Season: Saturday June 18–Monday, September 7

Saturday – Thursday	11 AM – 8:30 PM
Friday	11 AM – 9:30 PM

Membership Card Scanning

Last summer, we experienced a decrease in guest fees due in a large part to people not presenting their membership cards when entering the pool grounds and not giving the office workers time to ensure that each person entering the pool grounds has a card or pay the guest fee. It's also not fair to our members who are paying for the use of RTW to have people use the facilities without paying.

Instead of raising dues this year, we will insist that all members present their membership cards at the front desk every time they come to the pool.

YOU MUST PRESENT YOUR CARDS WHEN ENTERING THE POOL GROUNDS OR YOU WILL BE ASKED TO GO HOME AND GET THEM BEFORE YOU ARE ALLOWED TO ENTER THE POOL. THERE WILL BE NO EXCEPTIONS.

EACH MEMBER'S CARD MUST BE SCANNED EVERY TIME HE/SHE ENTERS THE POOL.

ALL FAMILY MEMBERS AND GUESTS MUST STAY BY THE OFFICE WINDOW WHILE CARDS ARE SCANNED.

Snack Bar

Rocky's Catering will return to our snack bar this season. This year we are planning to offer everyday kids specials as well as family specials on the weekends. We are also planning to improve the counter service process to reduce wait time.

Guest Fees

Pre-season - \$5 per person

Regular season - \$8 per person

After 5 PM any day - \$5 per person

Guest pass cards are sold at the office for \$35 and are good for 7 uses. Passes must be used in the season purchased.

Guest passes may only be purchased by members. Guests may only use the pool while the sponsoring member is present.

General Membership Meetings

There will be two General Membership meetings this summer. The first is Sunday, July 19th during Member Appreciation Day. The second is Sunday, August 16th. Board of Director nominations will be accepted at the August meeting. If an election is necessary, voting will end Sunday, September 6th at 8:30 PM.

Important Health Information!

An Important Message from the Pool Manager, Jeff Kuciapinski

Hello to all new and returning Rose Tree Woods Swim Club members. The staff and I are looking forward to the 2009 season. With all the positive things that are going on at the pool, also come some things that we need to stress. The one thing being a germ called Crypto. Crypto is a germ that causes diarrhea. Crypto, short for *Cryptosporidium*, is found in infected people's stool and cannot be seen by the naked eye. This germ is protected by an outer shell that allows it to survive for long periods of time and makes it resistant to chlorine disinfection found in pools. During the past two decades, Crypto has become recognized as one of the most common causes of waterborne illness in the United States. The germ is found in every part of the United States and the world.

How is Crypto spread at aquatic facilities? Crypto can be spread by:

- Swallowing recreational water contaminated with Crypto.
- Putting something in your mouth or accidentally swallowing something that has come in contact with Crypto.

- Swallowing Crypto picked up from surfaces such as lounge chairs, picnic tables, bathroom fixtures, and changing tables.

How do I protect myself and my family?

Healthy swimming behaviors are needed to protect you and your kids from recreational water illnesses. Please follow the 6 rules below to help stop germs from getting in the pool in the first place.

- Don't swim when you have diarrhea.
- Don't swallow the pool water.
- Practice good hygiene. Take a shower before swimming and wash your hands after using the toilet or changing diapers.
- Take your kids on bathroom breaks or check diapers often.
- Change diapers in a bathroom and not at poolside.
- Wash your child thoroughly (especially the rear end) with soap and water before swimming.

As stated in the RTW Rules and Regulations, in the Pools and Grounds section, Item #6:

“Children in diapers (not trained) **must** wear a diaper with plastic pants or a disposable swim diaper AND a bathing suit at all times, in and out of the water.”

For more information on Crypto you can look on the Center for Disease Control website. This website is www.cdc.gov/healthyswimming.

Swim Lessons

The Swim Team coaches are offering private and semi-private swim lessons. Parents must form their own their own semi-private group of 2 to 3 children. Lessons are held Monday through Thursday (rain day Friday). Please sign up with the swim team coaches or at the front office. Payment must be made at time of the reservation. The cost is \$70 for private and \$35 for semi-private for four ½ hour lessons, and will be held through June & July.

This schedule may be expanded to additional weeks depending on demand for swim lessons.

Two lanes in the lap pool will be reserved during lessons.

Swim & Dive Team

New This Year! Junior Varsity Swim Meets

Due to the remarkable growth in the number of swimmers on our team, RTW will now be participating in Junior Varsity (JV) meets. Junior Varsity meets are on Tuesdays and may be held mornings or evenings, depending on the opposing

team’s schedule. Varsity meets will continue to be on Wednesday evenings. JV meets are only for children ages 14 and under. More information will be provided at our team meeting on June 3rd.

Swimming Coaches – Head Coaches: Christie Lawler & Richie Clark. Assistant Coaches: Missy Dudkin & Colin Hayden

Diving Coaches – Dana DePaul & Alyssa Pagani

Buy Your Sunscreen at RTW!

The Swim & Dive Team is proudly promoting sunscreen again this year as a fundraiser for our team. Donna Mugler of Mary Kay Cosmetics (also a RTW swim parent) will donate 100% of her profits on orders received between now and Sunday, June 21. Mary Kay sunscreen products have met safety standards set by the Skin Cancer Foundation and are water resistant up to 80 minutes. Tubes are \$12 each (incl. tax & shipping) and come in SPF 30. After sun gel and SPF 15 lip balm are also available. This event has yielded over \$1,000 total for the team since it began, and your past support has been incredible. Orders are available at the front office or by calling Donna at 610-325-3139. Let's make this our best year - stock up today!

Swim Team Tryouts

We will hold tryouts for the Pre-team and Varsity/JV team the week of May 26 (Tues.-Fri.) and the week of June 1 (Mon. – Fri.) at 5:30 p.m. All new members must attend a tryout session. All swimmers must be able to swim at least 2 laps of free style and 2 laps of backstroke to be on the Varsity/JV swim team.

Pre-Team

This is for new team members not quite ready for the Varsity/JV team. To be on the pre-team, a child must be able to **confidently and safely** swim 2 laps of the pool, tread water for one minute and float on their back. They do not have to be proficient in freestyle or backstroke. Practices are in the evenings. Pre-team members are part of the RTW Swim Team and are encouraged to attend all events, including mini-meets and the end-of-season banquet.

Swim & Dive Meets and Activities Schedule:

Please refer to the calendar on the website. Visit <http://www.rosetreewoods.org> for news and updates!

Pre-Season: Swim & Dive Team Practice

Varsity Swim Team - May 26 through June 16 (Mon. thru Fri.)

4:00 – 4:45 PM for 11 years old and older

4:45 – 5:30 PM for 10 years old and under

Pre-team

June 8 - June 15 - Practice will be from **5:30 to 6:00** p.m. (Mon. thru Fri.)

Dive Team- May 26 through June 16

5:00 – 6:00 PM entire team

June 18th – Regular season swim & dive practice Swim Team:

8:15 – 9:15 AM Blue Practice Group

9:15 - 10:45 AM Red Practice Group

10:45 – 11:30 AM All 8 and unders

3 lanes of the lap pool will be reserved from 11:00 to 11:30 AM

The blue team practice will be for those that still need to master the four strokes, starts and turns. The second practice (red team) will be for the team members that can legally swim two laps of each stroke, do a start off the block and a flip turn. The coaches will let the children know before morning practices begin which group they are assigned to.

Pre-Team

7:00 – 8:00 p.m. Mon., Tues, & Thurs.

Please be aware that some Tuesdays may change to Friday due to JV meets.

2 lanes of the lap pool will be reserved for the pre-team practices.

Dive Team:

10:00–11:00 a.m. 10 & under and 14 & under age groups

11:00 - noon: 12 & under and 15 & up age groups

Membership Information

Every member must present membership cards upon entering and leaving the pool. All dues and late fees must be paid in full before membership cards will be issued.

Barcode Scanning of membership cards has been successful. We now have a database of pool usage so we will be better able to staff and meet our members' needs.

A **Family membership** is limited to people living in the same house. Membership cards can **ONLY** be used by the person whose name is printed on the card.

We will be performing an audit of memberships to verify compliance. Please cooperate with the

committee members if you are asked for verification that everyone on your membership lives in the same home.

Babysitters: A babysitter membership is available. This membership card is issued to one person, and that person can only be at the pool with the child/children he/she is babysitting. The babysitter membership is only \$100 for the entire season.

To sell your bond, you must send a letter or email prior to the date your invoice is due.

Bond lien, \$150 will be deducted from the bond value of any bond member (not currently on the sell list) whose dues are not paid by the invoice due date. If dues are not paid for two years, the bond value will be \$0 and the bond will be considered sold.

Membership information

Please send an email with your request or question to: RoseTreeWoods@verizon.net

Pool Rental

The pool may be rented during the day for small parties or after hours for private parties. After hour parties cost \$250 for the first 50 guests, and there is an additional \$25 fee for each additional 50 guests. A \$100 security deposit is required. Please see a manager for more information and to reserve your party.

Other Activities

1000 Lap Club - All members who complete 1000 laps in the lap pool will receive a T-Shirt. You must sign up at the office, and keep track of your laps.

Tube Nights – Tubes and noodles (only) are permitted in the T-Pool on Tuesday and Friday evenings from 6 PM until closing.

www.RoseTreeWoods.org

Visit our website, www.RoseTreeWoods.org. We will update the site often with pool news. Please send any news and digital pictures to RoseTreeWoods@verizon.net.

Pool Staff

Pool Managers - Jeff Kuciapinski & Lou Beister

Asst. Manager - Marissa Mulligan

Office Manager - Jack Falkenstein.

Board of Directors

President: Rich Caesar
Vice President: Joe DiCicco
2nd Vice President: Denise Talley
Secretary: Donna Vassallo
Treasurer: Mike Capuzzi

Committees:

Golf Course & Games: Bill Fulmer (chair), Greg McAndrews, Dave Collins

Finance: Mike Capuzzi (chair), Linda Clark, Leslie Peters, Arlene Moldoff

Hiring: Denise Talley (chair), Joe DiCicco, Donna Vassallo, Arlene Moldoff, Linda Clark

Long Range Planning: Mike Capuzzi (chair), Rich Caesar, Bill Fulmer, Dave Collins, Jim Turley

Membership: Rich Kirk (chair), Joe DiCicco, Cara Wing, Dave Collins, Joe Bruno

Newsletter & Website: Rich Kirk (Chair)

Nominating: Cara Wing (chair), Jim Turley, Denise Talley, Joanne Lupica

Pool & Grounds: Joe DiCicco & Rich Caesar (co-chair), Bill Fulmer, Greg McAndrews, Joe Bruno, Dave Collins, Leslie Peters, Donna Vassallo, Arlene Moldoff

Rules & Regulations: Donna Vassallo (chair), Cara Wing, Jim Turley

Snack Bar: Rich Caesar (chair), Donna Vassallo, Joe DiCicco, Joe Bruno, Greg McAndrews, Joanne Lupica

Socials: Leslie Peters & Arlene Moldoff (co-chair), Joanne Lupica, Greg McAndrews, Joe Bruno, Cara Wing

Swim Team: Linda Clark & Jim Turley (co-chair), Linda Kirk, Eric VanBlunk, Arlene Moldoff, Leslie Peters

Safety, Compliance, and Operations: Bill Fulmer (chair), Rich Caesar

meetings. If you want to be involved without the requirement of attending monthly meetings, please speak to any board member or the pool manager to volunteer for a committee. The more people involved in the planning, the more the Board will be able to serve the membership. All members are eligible to join one or more committees.

Security

The security system has been updated due to the increase in vandalism. Cameras have been installed and activity will be recorded when the pool is closed.

As a bondholder, you are also a part owner of the pool. The Board of Directors meets monthly during the year to discuss pool business. They are responsible for making decisions in the best interest of the Swim Club. Joining the Board of Directors is a great way to learn how the pool operates, take pride in running it, and meet all the great families that belong to the pool. There are several positions up for election every year. The Board of Directors encourages all members to get involved in pool affairs. Please plan to attend the general membership

Rules & Regulations

Members and Guests

1. Members are entitled to admission to the Club when all financial obligations have been met.
2. Club members will be admitted only with their membership cards, which are nontransferable. If their card is lost a \$5 replacement card fee will be charged.
3. An adult or babysitter must accompany all children under the age of 10 at all times.
4. An adult or babysitter must always accompany children that are ages 10 through 12 unless they have passed our water safety test.
5. An adult or babysitter must always accompany children that are under 12 or not yet entering the seventh grade, after 7:00 PM or they must leave the pool grounds. An adult is someone at least eighteen years or older.
6. Guests are permitted only when accompanied and registered by a Club member. When the Club member leaves, the guest must also leave.
7. Guests are responsible to follow all of the same rules and regulations as members.
8. Guest fees are to be paid upon entry and are set by the Board. Rain passes will be issued if inclement weather closes the Club before 2:00 PM. These passes will follow usual guest restrictions.
9. Babysitters are not considered family members, but can be included in your membership for an additional fee. The baby sitter must accompany at least one person in the family of a member to use the facilities.

Pools and Grounds

1. The Club hours are listed in the Newsletter, on the website, and on the bulletin board. The standard hours may be altered by the manager or for social or team activities.
2. No one is to enter the T- pool or the lap pool without a lifeguard on the stand.
3. The lap pool is for continuous swimming or lap walking. Enter from the ends. More than one person may use the same lane. At the manager's discretion, the lap pool may be used for general swimming. The lap pool will close early when there are home swim meets.
4. The starting blocks at the lap pool are to be used only under the direct supervision of the swim coaches.
5. The T-pool may be cleared for part of every hour for an adult swim.
6. Children in diapers (not trained) must wear a disposable swim diaper AND a bathing suit at all times, in and out of the water. All diaper changing must be performed in the restroom for the health and safety of all members. We recommend and encourage frequent diaper changes.
7. The wading pool is for children under nine years of age. They must be supervised by an adult at all times.
8. The water safety test is required for children under the age of thirteen before they will be allowed to use the deep water area of the T-pool or the lap pool or the water slide, renewed annually. The Deep Water Test will be a 2-part test. 1. Two laps of lap pool without a break between laps (with only a touch of the wall when doing laps and not a rest). 2. Treading water for 1 minute. Start treading water no more than 30 seconds after completion of 2nd lap. Any child who has not successfully completed the water safety test must be accompanied by an adult in the T-pool or the lap pool. Upon successful completion of the water safety test, the child will be given a badge which they must wear on their swim suit at all times. Replacement badges will be available at a fee of \$1.00.
9. Guests and members will be permitted to use the water slide if they are at least 48 inches tall or have passed the water safety test.
10. Only Coast Guard approved life vests will be allowed for use as flotation devices. An adult must accompany any child wearing an approved life vest in the water at all times. Swimmies and comparable devices will not be allowed. All other equipment such as beach balls, water spray devices, etc. must be approved by the manager before being used at the Club.
11. Any unauthorized individual found on Club grounds will be considered a trespasser and will be prosecuted. Membership privileges will be suspended.
12. Eating is only permitted in the snack stand dining area. Drinks are permitted outside the dining area when in covered, non-glass containers.
13. Do not hang anything from the supports of any awnings erected on pool property.
14. Adults and children may not hang, lean or swing from the supports of any awnings erected on pool property.

Health and Safety

1. All health and safety rules must be observed as posted.
2. Maximum speed limit in the parking lot is 5 M.P.H.

3. Parking and fire zone restrictions are to be obeyed at all times.
4. Individuals with open wounds, sores or skin infections will not be permitted into the water without a doctor's note.
5. Paging of members is for Emergency Only.
6. The following are prohibited at Rose Tree Woods:
 - Running, pushing, wrestling, bothersome ball playing
 - Use of glass containers, including baby food bottles and jars
 - Animals
 - Loitering, playing, or smoking in the locker rooms. or loitering at the front desk area
 - Illegal substances
 - Gambling
 - Abusive language
 - Smoking at pool side
 - Skateboards and scooters
 - Wearing cut-offs, sweats, etc. in the pools
 - Alcoholic beverages during normal operating hours
 - Unauthorized use of dumpsters or unauthorized dumping on pool grounds
 - Spitting or nose blowing in the pools

Enforcement of Rules

1. The Club managers and lifeguards are authorized to enforce these rules and regulations. Members who violate these rules are subject to disciplinary action at the discretion of the manager on duty, including possible short-term expulsion.
2. Any conduct which does not meet with the ethical standards of the Club shall be referred to the Rules and Regulations Committee for appropriate action.
3. The Rules and Regulation Committee shall have the authority to issue suspensions for infractions of these rules, except where the penalties are already set.
4. These rules may be supplemented or revised at any time. Such changes will be posted on the bulletin board.
5. Repeated infractions of the rules by a minor will result in a written letter to the guardians of the minor.
6. The necessity of a third written letter of rule violation will result in removal of all pool privileges for the remainder of the season.

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May 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 MEMORIAL DAY	26 Swim & Dive Team After school practice starts Swim team tryouts	27	28	29	30
31						

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Swim & Dive Team Swim suit fitting 3:30-5:30 Team/Family Splash Party 6:00 to 8:30	4	5	6
7	8 Swim & Dive Team Pre-team Practices begin	9	10	11	12	13 Swim & Dive Team Marple Relays @ Marple Newtown Swim Club
14	15	16	17 Swim & Dive Team Varsity Swim & Dive Meet - Marple Newtown @ RTW	18 Swim & Dive Team Morning practices begin.	19	20
21	22	23 Swim & Dive Team JV Swim Meet - RTW @ Aronimink	24 Swim & Dive Team Picture Day Varsity Swim & Dive Meet - Rose Valley @ RTW	25	26 Swim & Dive Team Pizza Bingo	27
28	29	30 Swim & Dive Team JV Swim Meet - RTW @ Swarthmore Dive Meet - RTW @ Hidden Hollow				

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Swim & Dive Team Varsity Swim Meet - RTW @ ACST	2	3	4
5	6	7 Swim & Dive Team JV Swim Meet - ACST @ RTW Dive Meet - RTW @ PlyMar	8 Swim & Dive Team Varsity Swim & Dive Meet - RTW @ St. Albans	9	10 Swim & Dive Team Team Party & Sleepover @ RTW	11
12	13	14 Swim & Dive Team JV Swim - Marple Newtown @ RTW Dive - Pennypacker @ RTW	15 Swim & Dive Team Varsity Swim Meet - RTW @ Plymouth	16	17	18 Swim & Dive Team B Champs @ Wallingford
19 Member Appreciation Day General Membership Meeting	20 Swim & Dive Team Distance Free @ Plymar	21 Swim & Dive Team Diving Champs @ Martins Dam	22 Swim & Dive Team IM Champs @ Swarthmore	23 Swim & Dive Team Diving Champs @ RTW	24	25 Swim & Dive Team A Champs @ Marple Newtown BANQUET 6:00 PM to 11:00 PM
26	27	28	29	30	31	

August 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 General Membership Meeting	24	25	26	27	28	29
30	31					

September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 Pool Closed LABOR DAY	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			